



# FLM HAITI

FUNCTIONAL LITERACY MINISTRY OF HAITI  
EDUCATIONAL & MEDICAL MISSION

NEWSLETTER, FALL 2017

## Mission: **EMPOWERMENT**

- So far, THIS YEAR, more than **52** volunteers participated in **5** FLM-Haiti mission TRIPS. • All total, they served up **25** DAYS of empowerment.
- The teachers, physicians, pastors, and others provided educational services, food, medical assistance, health care, ministry and MUCH MORE.

### Here's the IMPACT by the numbers:

- More than **110** teachers/administrators served
- Outreach to **14** different school districts
- **100** water filters distributed
- **600** students received lessons in science and Bible studies; and meals
  - Business management practices taught to **15** local leaders
  - **125** local citizens received first aid training
  - **9** women learned sewing skills to help support their families
- **500** people cared for with medical and dental treatments
  - **223** children received medical care at the school
  - **325** pairs of reading glasses dispensed



Berance Rock

## Easing the Pressure

**Yvonne Prosper and Berance Rock are smiling and healthy today. But a few years ago, that was not the case.**

Rock, 79, a grandmother and grocery vendor, and Prosper, 52, a married mother of three children, were both ill with high blood pressure. Rock first came to FLM-Haiti's House of David Community Health Center two years ago; her pressure was 160/100. She was listless and tired.

Prosper first visited the clinic in 2001, her pressure was 180/90. She was fainting. Those rates of high blood pressure meant that the women were at higher risk of stroke, heart attack, and kidney disease. They were not the only ones. The House of David staff would sometimes treat as many as 80 patients a day for high blood pressure. Often, another physician would be called in to help.

To address the issue and keep the community healthy and ensure a quality of life where Haitians could continue to work and care for family, six years ago, the clinic created a blood pressure program. Now, every first Monday of each month, blood pressure clients get regular check ups and consultations. The visit costs \$1, which includes medications. Today, Prosper's blood pressure is 130/80 and Rock's 120/80.

**“I'm better now,” says Rock, “I feel like I'm able to take a deep breath.”**

Thanks to donors and the hard work of staff and volunteers, patients at the House of David continue to get their blood pressure under control, giving them healthier, brighter futures.



Yvonne Prosper

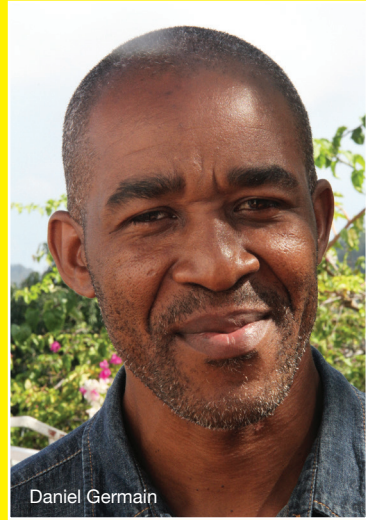
## Trade Wins

In October 2015, Daniel Germain enrolled in the Excelsior Technical Institute, or ETI. The trade school, one of the newest initiatives at FLM-Haiti, had just opened, and provided a vital service in training Haitians to participate in the rebuilding of their nation.

Germain, who lives with his wife in Thomassin and walked to ETI, immediately recognized the new opportunity. He studied plumbing and electricity. He finished in March 2017 and will be a part of the first graduating class in January.

As a young man, Germain studied management, but it was difficult to find work. He eventually became a driver for a non-governmental agency. It was a good job, but Germain wanted more income security. After the 2010 earthquake, construction trade jobs were growing in Haiti.

Germain made a sacrifice: he left his driving position at 2 p.m. every day to get to his ETI classes, which were from 3 p.m. to 7 p.m. on weekdays.



Daniel Germain

Photo by Germaine Watkins

“I took the risk because I knew the benefit would be better,” says Germain, who was one of the best students in his ETI classes.

Because of your generosity and gifts, ETI can continue to be a valuable resource, training men and women to bring better housing, clean water, and better infrastructure to thousands.

Classes are taught by reputable, certified trade practitioners. Germain learned new skills, new tools and soon was asked to apprentice on big and small construction jobs. He now has steady work and good pay.

“Going to ETI has been very important in my life,” he says.



# 1000

## HEARTS FOR HAITI

Our 1,000 Hearts for Haiti is an ambitious fund-raising campaign. It seeks to raise \$100,000 to support the programming that empowers the Haitian people to help themselves through literacy, healthcare, trade skills, and education.

## How to be a Heart

- ♥ Commit at least \$100 (or more) on or before February 14, 2018
- ♥ Ask family and friends to join you
- ♥ Be creative: sponsor a dinner, luncheon, or birthday celebration and invite friends to contribute
- ♥ Save \$1 for 100 days and donate
- ♥ Give online or through board members or mail
- ♥ All gifts are tax deductible
- ♥ Each individual or group that contributes \$100 (or more) becomes a Heart \*

\* Each Heart will be placed in a drawing and three names will be randomly chosen to share from a pool of 2 percent of the total raised. Board members and their immediate family members are not eligible to participate in the random drawing.

For more information, please visit: [flmhaiti.org](http://flmhaiti.org)

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